

Clinical Tips



- When determining spectacle Rx add, consider patient's main lifestyle vision needs (handheld device or other reading material, desktop computer, etc.).
- Prescribe maximum plus power for binocular distance vision. **DO NOT OVER MINUS.**
- Use loose handheld lenses or flipper for over-refractions. **DO NOT USE A PHOROPTER.**
 - If distance vision needs to be enhanced, offer $\pm 0.25D$ to the dominant eye. If distance vision improves, check that near vision is maintained. Adjust the lens sphere power as applicable for the dominant eye. **DO NOT CHANGE ADD POWER.**
 - If near vision needs to be enhanced, offer $\pm 0.25D$ to the non-dominant eye. If near vision improves, check that distance vision is maintained. Adjust the lens sphere power as applicable for the non-dominant eye. **DO NOT CHANGE ADD POWER.**

The most prescription options of any other daily disposable multifocal lens, enabling you to fit even more patients with presbyopia.¹

Power Range	+8.00D to -10.00D (0.25D steps) -10.50D to -12.00D (0.50D steps)
Add Power	Low (+0.75D to +1.25D spectacle Rx add) Med (+1.50D to +1.75D spectacle Rx add) High (+2.00D to +2.50D spectacle Rx add)

MyDay® daily disposable multifocal		clariti® 1 day multifocal 3 Add	
Base Curve	8.4 mm	Base Curve	8.6 mm
Diameter	14.2 mm	Diameter	14.1 mm
Material	stenfilcon A	Material	somofilcon A
Dk/t (at -3.00D)	100 x 10 ⁻⁹	Dk/t (at -3.00D)	86 x 10 ⁻⁹
Water Content	54%	Water Content	56%
Visible Tint	Yes	Visible Tint	No
FDA Group	5B (SiHy)	FDA Group	5B (SiHy)
UV Blocking*	Yes	UV Blocking*	Yes

*Warning: UV-absorbing contact lenses are not substitutes for protective UV-absorbing eyewear, such as UV-absorbing goggles or sunglasses, because they do not completely cover the eye and surrounding area. Patients should continue to use UV-absorbing eyewear as directed.

1. CVI data on file 2024. Based on prescription option combinations (sph and add) available across all daily disposable multifocal soft lenses from CVI, JJV, B+L and Alcon in USA Feb 2024.

CooperVision Binocular Progressive System®

FITTING GUIDE



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3 Simple Fitting Steps

Step 1 Using up-to-date spectacle prescription, determine spherical equivalent distance power (corrected for vertex distance).

Step 2 Determine eye dominance with +1.00D blur method; if inconclusive, determine dominance with sighting method.

Step 3 Select distance sphere power for each eye with add powers as indicated below.

INITIAL CONTACT LENS SELECTION		
Spectacle Rx Add	Dominant Eye	Non-Dominant Eye
+0.75D to +1.25D	LOW	LOW
+1.50D to +1.75D		MED
+2.00D to +2.50D		HIGH

Vision Assessment

- Allow patient to experience lenses for 10 to 15 minutes in “real world” (outside exam room) before assessing vision.
- Check patient’s vision with both of their eyes open and ROOM LIGHTS ON.
- Assess vision at different viewing distances.
 - For **distance vision**, assess in surrounding environment under normal lighting conditions.
 - For **near vision**, assess using handheld device or other reading material.
- If acceptable, dispense trial lenses.
- If not acceptable, follow the lens optimization steps described to the right.

At least 98% of wearers fitted with their **final prescription using no more than 2 pairs of lenses.**^{1,2}

At least 83% of wearers fitted with their **final prescription with the first pair of lenses.**²

Lens Optimization



Have patient keep both eyes open and use handheld lenses or a flipper; do not use a phoropter.

DISTANCE VISION ENHANCEMENT	
	For Dominant Eye
Adjustment Steps	±0.25D

NEAR VISION ENHANCEMENT	
	For Non-Dominant Eye
Adjustment Steps	±0.25D

DO NOT CHANGE ADD POWER.

1. CVI data on file 2020. Prospective, double-masked, bilateral, one-week dispensing study UK with MyDay® multifocal; n=104 habitual multifocal contact lens wearers.
 2. CVI data on file 2021. Prospective, subject-masked, randomized, bilateral, two-week dispensing study at 5 US sites with MyDay® multifocal; n=58 habitual multifocal contact lens wearers.