Wearing contact lenses in 4 easy steps

A quick and easy guide to putting in your contact lenses

MiSight 1 day for daily wear





FDA-Approved*

Consistent wear of 10 hours per day for 6 days a week is recommended for the best outcome

STEP 1

Wash your hands

Use soap and water to clean hands. Rinse well and dry your hand with a non-fluffy towel.

STEP 2

Open the lens pack

Make sure you pick up the correct lens for each eye. Scoop the lens out and place on your fingertip so the edges curve up like a bowl.

STEP 3

Wear your lenses

Use the hand without the contact lens to pull your top eyelid up for a wide opening. Using the middle finger of the other hand, pull down on the bottom eyelid. Then, gently place the lens onto your eye.

STEP 4

Check your work

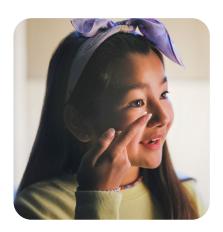
After putting in a lens, blink slowly and gently so the lens does not pop out. If the eyes feel good and you can see clearly, great job! You're ready to go!

It's okay to have an adult help you until you feel ready to put your lenses in and take them out by yourself!

Tips for caring for your Contact Lenses

Dos

- Wear MiSight® 1 day consistently 6 days a week for at least 10 hours per day, or as recommended by your eye doctor.
- Thoroughly wash and dry your hands before touching your contact lenses or your eyes.
- Throw away each pair at the end of the day.



Don'ts

- On not where your lenses if the lens pack is broken, or if the lens is torn or ripped.
- Do not handle your contact lenses with hands that are still wet from water.
- × Do not use saliva or water to wet your lenses.
- (X) Do not swim or shower in your contact lenses.
- X Do not sleep with your lenses in your eyes.
 - Do not share your contact lenses with someone else, nor wear someone else's contact lenses.



Watch the MiSight® 1 day insertion and removal step-by-step videos.

Indications and Important Safety Information. Rx only. Results may vary. ATTENTION: Reference the Patient Information Booklet for a complete listing of Indications and Important Safety Information. *Indications: MiSight® 1 day (omafilcon A) soft (hydrophilic) contact lenses for daily wear are indicated for the correction of myopic ametropia and for slowing the progression of myopia in children with non-diseased eyes, who at the initiation of treatment are 8-12 years of age and have a refraction of −0.75 to −4.00 diopters (spherical equivalent) with ≤ 0.75 diopters of astigmatism. The lens is to be discarded after each removal. Warnings: Problems with contact lenses could result in serious injury to the eye. Do not expose contact lenses to water while wearing them. Under certain circumstances MiSight® lenses optical design can cause reduced image contrast/ghosting/halo/glare in some patients that may cause difficulties with certain visually-demanding tasks. Precautions: Daily wear single use only. Patient should always dispose when lenses are removed. No overnight wear. Patients should exercise extra care if performing potentially hazardous activities. Adverse events: Including but not limited to infection/inflammation/ulceration/abrasion of the cornea, other parts of the eye or eyelids. Some of these adverse reactions can cause permanent or temporary loss of vision. If you notice any of the stated in your child, immediately have your child remove the lenses and contact your eye care professional.